Homemade Vanilla Pudding Recipe

Ingredients:

- 2 cups goat's milk (or cow's milk)
- ¹/₂ cup organic raw cane sugar
- 3 tbsp organic cornstarch
- 1 large egg, slightly beaten
- 2 tbsp butter
- 1 tsp homemade vanilla extract (or store-bought)

Instructions:

- 1. Set up a double boiler with boiling water.
- 2. Heat the goat's milk in the top part of the double boiler.
- 3. Gradually mix in the sugar, cornstarch, and beaten egg into the warm milk.
- 4. Cook until thickened, stirring constantly.
- 5. Remove from heat, add butter and vanilla, and stir until smooth.
- 6. Chill and serve or serve warm!